

THE ULTIMATE COGNITIVE SUPPORT

Clarify 4.0 is an adaptogenic botanical blend precision-crafted to support the production and balance of neurochemicals involved in satiety and reward helping to improve mental clarity and focus.

Clarify 4.0 supplements the biochemicals essential to dopamine production, cellular and glucose energy creation, homocysteine recycling and protein building, and optimal central nervous system processing while also delivering antioxidant and anti-inflammatory effects which all together may help support cognitive acuity, memory, and focus.

The ingredients of Clarify 4.0 include: Mucuna (Mucuna pruriens) seed; Pyridoxal-5'-Phosphate (P-5-P) + Pyridoxine HCl (Vitamin B6); Riboflavin-5-Phosphate (Vitamin B2); Methylcobalamin + Adenosylcobalamin (Vitamin B12); Quatrefolate (Folic acid/Vitamin B9); Trimethylglycine (TMG, Betaine); Theacrine; and Theobromine.

CLARIFY 4.0 IS RECOMMENDED FOR:

- Alleviating physical and mental fatigue
- Improving focus and memory
- Stabilizing mood
- Helps to prevent eating past fullness
- Enhancing impulse control
- Addressing mild inflammation
- Optimizing adrenal function

ABOUT THE FORMULA

- Mucuna (Mucuna pruriens) seed, also known as the Velvet Bean, is an adaptogenic herb cultivated in Asia, America, Africa, and the Pacific Islands. Mucuna seed is used in traditional medicine to balance blood sugar and promote weight loss, but it is also used to support the production of dopamine, a neurotransmitter key to motivation and reward, behavior, sleep, mood, focus, and cognition. Mucuna seed has also been highlighted in lab studies for its neuroprotective qualities.
- Pyridoxal-5'-Phosphate (P-5-P) + Pyridoxine HCl are two forms of vitamin B6 chosen for their superior bioavailability. Vitamin B6 is a vital micronutrient that assists the brain in producing neurotransmitters, which relay signals between nerve cells. Vitamin B6 is essential to sharp cognition, focus, and a balanced mood. It is also an important co-factor in the production of glucose energy, which is key to optimal physical and mental health.
- Riboflavin-5-phosphate (Vitamin B2) is an essential vitamin for energy production, cell growth, and eye health. Due to riboflavin's role in mitochondrial activity and reducing oxidative stress and inflammation in nerves helps maintain cognitive function and prevent mental decline, like memory loss and concentration issues, as we age.
- Methylcobalamin + Adenosylcobalamin (Vitamin B12) is a key micronutrient that contributes to the formation of red blood cells and DNA synthesis and maintains nerve and brain health. Deficiency in vitamin B12 can lead to neurological issues, including memory decline, mood changes, and confusion. Though vitamin B12 can be obtained from a well-rounded diet, supporting B12 levels is advisable, particularly in the aging and elderly.

- Quatrefolate (Folic acid/Vitamin B9) is an essential micronutrient for cell growth and function, as well as the recycling of homocysteine, which is necessary in the prevention of certain diseases. Studies show that Quatrefolate may also help to boost brain function and performance, particularly when levels are low.
- Trimethylglycine (TMG, Betaine) helps the body process and recycle an amino acid called homocysteine, which contributes to heart disease and stroke if left to accumulate. Produced through some bodily processes and obtained through diet, TMG is also involved in healthy liver function and cellular reproduction.
- Theacrine is a chemical that occurs naturally in the body with anti-inflammatory, analgesic, and neurolocomotor properties. Research shows that Theacrine may also increase energy, reduce fatigue, and have a positive effect on focus, concentration, and desire to exercise.
- Theobromine is the primary alkaloid in the cacao bean that has been linked to boosting brain function. Theobromine is similar properties to caffeine and can lead to improved cognitive alertness and acuity. It's also shown anti-inflammatory effects in some studies.

SUPPLEMENT FACTS

Serving Size: 3 Capsules

Amount Per Serving

- Riboflavin (Vitamin B2) 25 mg
- Pyridoxine HCL, Pyridoxal-5-phosphate + Pyridoxine phosphate (Vitamin B6) 30 mg
- Quatrefolate 5-methyltetrahydrofolate (Vitamin B9) 1 mg
- Vitamin B12 (50% methylcobalamin, 50% adenosylcobalamin) (mg, Mucuna (Mucuna pruriens) seed Standardized to 40% L-DOPA 300 mg
- Theobromine 98% (300 mg), Trimethylglycine (betaine) 300 mg
- Theacrine Isolated from Camellia assamica var. Kucha 300 mg

WARNING: If pregnant or nursing, consult your healthcare practitioner before taking this product.

SUGGESTED USE

As a dietary supplement, take 2 capsules in the morning and one mid-afternoon or as directed by your healthcare practitioner.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.