



# COGNITIVE ULTRA W/ RELORA

**COGNITIVE ULTRA W/ RELORA is a dietary supplement to support stress management, appetite control and mood balance.\***

**COGNITIVE ULTRA W/ RELORA** is a unique formula that combines the adaptogenic and neurotonic benefits of Bacopa standardized extract with Relora®, a proprietary blend of herbal extracts to support a sense of calm.\*

## Recommended For

- Stabilizing levels of the stress hormone cortisol\*
- Supporting neurotransmitters that optimize mood\*
- Regulating melatonin, a hormone that supports healthy sleep cycles\*
- Managing stress-related challenges including irritability, emotional ups and downs, restlessness, tense muscles, poor sleep, and difficulty concentrating\*
- Reducing stress-related carbohydrate cravings\*

## Key Ingredients & Benefits

**Relora®** is an advanced natural and patented combination of magnolia and phellodendron extracts to help support normal levels of the Cortisol and DHEA hormones produced by the body to promote the management of stress.\* It works by binding to stress receptors in the nervous system to promote relaxation and feelings of well being while ignoring the receptors associated with sedation.\*

**Bacopa monnieri** has been used in the Ayurvedic system of medicine for centuries. Traditionally, it was used as a brain tonic to enhance memory development, learning and concentration. The constituents responsible for Bacopa's cognitive effects are bacosides A and B.

**Bacosides** aid in repair of neurons by enhancing kinase activity, neuronal synthesis, and restoration of synaptic activity, and nerve impulse transmission.\* They also have antioxidant activity.\*

**Magnolia** is designed for stress and stress-related eating.\* It should be used as an adjunct to an exercise and diet program.

**COGNITIVE ULTRA W/ RELORA** supports weight management for those who experience excessive stress.\* Excessive stress can lead to food cravings and increased fat, particularly in the belly. **COGNITIVE ULTRA W/ RELORA** supports a less stressed state while encouraging memory and concentration.\*

**COGNITIVE ULTRA W/ RELORA** is vegetarian and gluten free.

## Supplement Facts

**Serving Size:** 1 Capsule  
**Servings Per Container:** 60

Nutrient	Amt Per Serv	% Daily Value
Relora® (a proprietary blend of a patented extract from <i>Magnolia officinalis</i> bark and <i>Phellodendron amurense</i> bark extract)	375 mg	*
<i>Bacopa monnieri</i> Extract yielding Bacosides A & B	100 mg 20 mg	* *

\*Daily Value not established.

## Suggested Use

As a dietary supplement, take 1 capsule, twice daily with food, or as directed by your healthcare practitioner.

## Other Ingredients

vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

## Important Information

- **Warning:** Do not take if pregnant or lactating. Do not take if currently taking any prescription medication or receiving medical treatment without consulting your healthcare practitioner.
- **Caution:** Relora® may cause drowsiness; use caution in operating automobiles and heavy machinery. Do not take with alcohol as drowsiness can increase. Discontinue use 2 weeks prior to surgery.
- Keep out of reach of children.  
Store in a cool, dry place.

## Product Information

60 Vegetarian Capsules  
Gluten Free  
Dietary Supplement

\*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.



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