

A vegetarian dietary supplement to support proper glucose metabolism.*

Gluco-Metabolic Complex* has been formulated with 7 well known nutritional factors that:

- Help maintain glucose levels already within normal range*
- Support energy*
- Aid glucose transport and utilization by cells*
- Provides free radical fighters*

About the Nutrients

- ChromeMate® brand Chromium Polynicotinate is a niacin-bound chromium complex that has been identified as being the active Glucose Tolerance Factor, the factor responsible for attaching insulin to cell membrane receptor sites where insulin functions.* Individuals who have an inadequacy of biologically active chromium may experience insulin sensitivity.* ChromeMate® is a registered trademark of InterHealth N.I.
- Vanadyl Sulfate is a form of the mineral Vanadium. In a number of animal and a few human studies, Vanadyl Sulfate helps maintain a healthy insulin response.*
- *Gymnema sylvestre* contains phytonutrients that support healthy blood glucose levels and the production of insulin within normal ranges.*
- Alpha Lipoic Acid protects antioxidants such as Vitamins E and C, and Glutathione.* It has been shown to support the inhibition of glycation.* Glycation occurs when proteins in the body react with glucose, causing oxidation.
- Bitter Melon Extract contains two phytonutrients that are similar to beneficial modulators in both function and structure.* They enhance glucose transport and utilization by the cells, as well as balance glucose release by the liver.*
- *Lagerstroemia speciosa* L. (Banaba) Leaf Extract contains corosolic acid, which supports glucose transport into cells, normal blood sugar and insulin levels, and is considered a phyto-insulin.* Banaba's ability to maintain normal blood sugar levels has been demonstrated in cell culture, animal and human studies.*

- Cinnulin PF® is a GRAS, patented, water-soluble (aqueous) cinnamon extract that supports healthy glucose management and supports insulin in the upregulation of glucose metabolism in skeletal muscle cells.* It also supports healthy blood flow and offers free radical fighting properties.*

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Chromium (as Cr. Polynicotinate)†	200 mcg
<i>Gymnema sylvestre</i> Leaf Extract	200 mg
Yielding: Gymnemic Acid	50 mg
Cinnulin PF® (Cinnamon Extract)	125 mg
Alpha-Lipoic Acid	100 mg
Bitter Melon (<i>Momordica charantia</i>) Extract	80 mg
Yielding: Charantin	0.4 mg
<i>Lagerstroemia speciosa</i> L. (Banaba) Leaf Extract	50 mg
Yielding: Corosolic Acid	0.5 mg
Vanadyl Sulfate	5 mg

†ChromeMate® brand niacin-bound chromium.
Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: This product should only be used with careful monitoring of blood sugar levels and in consultation with your healthcare practitioner. If pregnant or nursing consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take one capsule with a meal, 1-3 times daily, or as directed by your healthcare practitioner.

Cinnulin PF® is a registered trademark of IN Ingredients, US Patent #'s 7,504,118; 8,003,141; 8,318,221

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CHROMEMATE®

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.