

# PHYTO DEFENS

#### Phyto Defense is a dietary supplement designed to support oxidative balance and overall health.\*

This unique formula provides evidence-based extracts from the most powerful botanicals in natural medicine.\* This formulation adresses the concerns associated with supporting healthy levels of oxidative stress, detoxification capabilities, metabolic processes and immune health.\*

In a health regimen for your patients, Phyto Defense can easily be used as an oxidative stress botanical multi option. It also can be used as a companion product to a standard multivitamin or to any aging protocol.

Oxidative stress can have far-reaching bodily effects, including on immune system function and metabolic health. Because free radicals are important to our bodies' functions, the goal of Phyto Defense is not to eliminate them, but to support normal balance between generation and elimination. Detoxification and reactive oxygen species (free radicals) are inextricably linked.

The plant compounds known interchangeably as phytonutrients or phytochemicals serve various functions for plant vitality. Legumes, herbs, spices and nuts are sources of phytonutrients; fruits and vegetables are concentrated sources. When we consume these phytonutrient-rich plants, we offer our bodies natural free radical scavenging support.

#### **Phyto Defense supports:**

Healthy detoxification processes\* Overall oxidative balance\* Normal free radical production and scavenging\* Metabolic health\* Immune system function\*

### **Phyto Defense includes:**

Broccophane®, a branded, researched broccoli sprout extract, sulforaphane. This extract supports healthy modulation of the CYP enzymes, an important part of oxidative balance.

Green tea, whose major catechin, EGCG, has gained increased notoriety in natural medicine for its particular free radical scavenging activities. We also know that it supports normal tyrosine phosphorylation, which can in turn support healthy expression of iNOS and thereby normal rates of production of NO, a free radical.\*

Meriva® is a curcumin formulation designed for up to 30-fold greater bioavailability compared to standard extracts. Curcuminoids merge with free radicals to prevent further oxidation, and support normal inhibition of enzymes that participate in the synthesis of substances like prostaglandins and leukotrienes.\*

Lyc-O-Mato® supports the normal induction of phase II metabolizing enzymes.\*

Polyognum cuspidatum Root Extract, standardized to 50% trans-resveratrol. Trans-resveratrol works at the genetic level. Its principal mode of action supports normal inhibition of certain phosphodiesterases (PDEs), enzymes that help regulate cell energy.\*

Quercetin, a flavonoid that supports normal histamine response.\*

Pomegranate (Punica granatum) contains compounds which support normal activation of multiple pathways related to oxidative stress, including the notable NF-kB pathway.

## **Supplement Facts** Serving Size 1 Capsule Amount Per Serving

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BroccoPhane® Broccoli Sprout Powder	100 mg
(standardized to 4000 ppm Sulfurophane)	_
Green Tea (Camellia sinensis L.) Leaf Extract	100 mg
(Standardized to 70% EGCG)	J
Meriva® (Curcuma longa root extract/	
Phosphatidylcholine complex)	100 mg
Pomegranate (Punica granatum) Fruit Extract	100 mg
(Standardized to 40% Punicosides)	•
Quercetin Dihydrate	100 mg
LycoBeads® natural tomato extract	50 mg
containing [5%] 2.5 mg Natural Lycopene	J
Polygonum cuspidatum Root Extract	50 mg
(Standardized to 50% trans-resveratrol)	

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, adults take one capsule daily, or as recommended by your healthcare practitioner.









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